

AUSTRALIAN FEDERATED UNION OF LOCOMOTIVE EMPLOYEES



Circular: 101/19

Ref: QR Mental Health Survey

9/09/2018

AFULE Puts Mental Health On The Agenda

Dear Members,

Your Divisional Council recently voted to embark on a mental health campaign to up the ante on employers to start thinking about your psychological wellbeing at work.

Our goal is to make sure our mental health in the workplace is taken seriously by management, especially after traumatic incidents. With this in mind I have had discussions this week with the Transport Minister's Office calling for the government to support our endeavours to improve support for mental health across the Rail Industry in Queensland. However, the best way for us to get this job done effectively is for us to work together as a Union of Employees and use our collective strength to bring improvements and changes on.

The first step in our campaign is to find out what our QR members think of the existing QR Employee Assistance Program. We need your feedback and input, so we can develop a platform that best serves Traincrew when we need help.

Not everyone will know that, without Traincrew pushing for it, we would not have trauma support drivers. Our fellow member, Peter Bere, was essential in starting up the trauma support network, and it's time now to extend that network and bring about more support for each other in the workplace.

There are 10 questions in the [survey, linked here](#). It is totally confidential and you do not have to give any identifying details unless you elect to. Please complete the survey so we can start developing our platform, policy and claims for the next agreement.

Our union is a union of Traincrew and your participation is important to our collective and important for bringing about a better, safer place for us to work in. This is your chance to be part of something that will change lives. We are all grateful to you for filling out the survey.

Please feel free to contact the Union Office with any further feedback you might have at statesecretary@afule.org.au

In Solidarity,

Michael McKittrick
State Secretary

Traincrew representing Traincrew